



**KANKAKEE COUNTY**  
**HEALTH**  
**DEPARTMENT**

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Subject: PSA Flu Shots

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Date: October 14, 2010

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The Kankakee County Health Department wants to remind everyone that the "FLU STOPS WITH YOU".

The flu vaccine is recommended for everyone over the age of 6 months.

This year, the Health Department is offering a "preservative-free" vaccine.

The "Flu Mist" is also available for healthy individuals between the ages of 2-49. Flu Mist is a nasal spray- NO Needles!

Flu clinics are held every Thursday between 9 am -4 pm at the Kankakee County Health Department.

Stop by or call 815-937-9300 to schedule an appointment on different day.

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